



NEWSLETTER

Spring 2026

By Kara Brown, Executive Director

Dear Friends,

Spring is a season of renewal. As the days grow longer and the earth begins to bloom, we're reminded that growth is possible even after the hardest winters. At the Center for Lay Ministries, we see this truth every day — both in our busy Food Pantry and in our Bliss House Recovery Program.



This spring, our food pantry continues to serve a steady stream of neighbors facing food insecurity. Families are stretching tight budgets, seniors are choosing between groceries and medication, and individuals experiencing housing instability rely on us for consistent, nourishing food. With your help, we can keep our shelves stocked with food while demand remains high. Every donation to the CLM Food Pantry makes a difference.

At the same time, the CLM Bliss House Recovery Program is alive with transformation. Women in our program are planting the seeds of new lives—building stability, strengthening their health, and rediscovering hope. Recovery takes time, structure, and support, and your generosity helps provide safe housing, nutritious food, and the daily resources these women need to heal and grow.

How You Can Help This Spring

Donate food and toiletries: Non-perishable items, hygiene products, and pantry staples help us meet immediate needs. We need peanut butter, tuna, cereal, pasta, body wash, deodorant, and toilet paper.

Host a food drive: Coordinate with your church, workplace, or civic group to host a food drive this spring or summer.

Give financially: Monetary donations allow us to respond quickly by purchasing fresh food, supporting recovery services, and covering essential operational costs. You can also purchase Meijer Simply Give gift cards for CLM at the Jeffersonville Meijer on the June 20th double match day.

Spread the word: Sharing CLM's mission helps grow a stronger, more compassionate community.

Your support—whether a bag of groceries, a financial gift, or both—creates real impact. This spring, you're not just filling shelves or funding programs, you're helping nourish families, restore dignity, and support women as they step into healthier, more hopeful futures.

Thank you for being part of this season of growth!

--Kara

Bliss House New Year

By Stephanie Satterly, Bliss House Director

As we step into a new season, I want to take a moment to reflect with gratitude on the holiday season we experienced at Bliss House. The holidays were a beautiful reminder of why this work matters. Watching the women laugh together, decorate the house, share meals, exchange small gifts, and create new traditions was deeply meaningful. For many, it was the first time in years they experienced the holidays with stability, safety, and genuine connection.

Bliss House is a structured, supportive home where women rebuilding their lives are learning accountability, life skills, and how to show up for themselves and others. Every day brings growth—women pursuing employment, strengthening routines, rebuilding family relationships, and rediscovering their worth. These moments of transformation are quiet, powerful, and worth celebrating.

As we move forward into spring, our focus remains on continued healing, emotional growth, and providing a consistent environment where real change can take root. There is so much hope ahead. Thank you to everyone who supports Bliss House in any way. Your encouragement, kindness, and belief in second chances make a difference more than you know.



We are incredibly grateful to the Southern Indiana Health Foundation for awarding a \$15,000 grant to support the women of Bliss House through the Center for Lay Ministries. This funding will directly impact the lives of the women we serve by strengthening our program and expanding the support and resources available to them on their recovery journey.



Thank you to the Caesars Foundation of Floyd County for awarding a \$5,000 grant to the CLM Bliss House! This grant will be used to support Floyd County women in recovery.

Bliss House Wish List

- College Ruled Notebooks
- Pen/Highlighters
- Deodorant/Body Wash
- Laundry Detergent
- Cleaning Supplies

CLM Food Pantry Volunteer Corner

By Rhonda Grangier, Volunteer Coordinator

Celebrating Our Volunteers—and Looking Ahead!

As we look back at the past year at the pantry, we do so with immense gratitude for our amazing volunteers. Your generosity, enthusiasm, and dedication were the driving force behind everything we accomplished. Every shift you covered, every smile you shared, and every helping hand you offered made such a difference for the individuals and families we serve.

Thanks to you, the pantry was more than a place to receive food—it was a place of dignity, care, and connection. Your commitment, often given week after week, shows the power of community coming together to support one another.

Looking ahead this spring, we are energized by the opportunities before us! This year will bring many areas to get involved in and make an impact. We can't wait to continue this journey with our dedicated returning volunteers and to welcome new faces into our pantry family.

Thank you for all you did last year and for being such an essential part of our mission. Here's to another year of service, growth, and shared success!

If you are interested in volunteering, you can contact Rhonda at volunteers@layministries.org.



Thank you to the City of Jeffersonville Employees for donating over 2,300 pounds of food to the CLM Food Pantry! We appreciate your support of our neighbors in need of food!



Our Stonecreek Village neighbors held a food drive and brought in their donations during the holidays. Thank you for supporting the CLM Food Pantry!

Thank you for helping us in the fight against hunger!



The News and Tribune challenged the community to donate a TON of food during the holidays! This goal was achieved, and the food was split between CLM and Hope Southern Indiana food pantries. Thank you for helping in the fight against hunger!



Thank you to the National Association of Letter Carriers in Jeffersonville for their \$500 gift to the CLM Food Pantry.

Food Pantry Wish List

- Canned Vegetables and Fruit
- Cereal
- Macaroni & Cheese
- Spaghetti & Tomato Sauce
- Peanut Butter
- Deodorant/Body Wash/Toothpaste



American Commercial Barge Line held a food drive for the CLM Food Pantry and dropped off a LOAD of items! Thank you to all the employees for your support.



Thank you to the CFSI Youth Philanthropy Council for donating to the CLM Food Pantry!



Thanks to Small Talk Pediatric collecting food! We appreciate our small business partners!



We are grateful to First Savings Bank employees for their generous donations of food and \$5,150 to CLM! We appreciate your support!



Scouting for Food 2025! Thanks to Boy Scout Troops 1 and 89 for all their hard work!



Thank you to the Jeffersonville Elks Lodge #362 for donating \$2,000 to CLM to help fulfill our mission and feed our neighbors!



Sacred Heart School students collected food for CLM. We are grateful for your generous donations!



Thank you to Utica Elementary for holding a food drive for the CLM Food Pantry! They collected over 1,400 pounds of food.

Meijer Simply Give June 20th



On June 20th, you can triple your contribution to help reduce food insecurity by buying a \$10 Meijer Simply Give food donation card at the Jeffersonville Meijer. Meijer will double-match it with \$20 for a total of \$30 to the CLM Food Pantry.

Bliss House Staff Training



Our Bliss House Staff completed their certification in Recovery Dynamics in December. This is the curriculum we use to teach our residents the steps to recovery.

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