

By Kara Brown, Executive Director

Dear Friends,

As summer arrives, many families look forward to vacations, cookouts, and time spent together. But for many of our neighbors, summer brings additional challenges. Children lose access to school meals, utility bills rise, and families already struggling to make ends meet face even greater financial pressure.

At the Center for Lay Ministries, we continue to see a growing number of individuals and families turning to our Food Pantry for assistance. Each week, we serve households facing difficult choices between paying rent, purchasing medication, or putting food on the table. No one should have to make those choices, yet many in our community do.

At the same time, our Bliss House Program provides women in recovery with a safe, supportive environment where they can rebuild their lives. Through accountability, encouragement, life-skills development, and recovery support, women at Bliss House are given the opportunity to pursue lasting change and a brighter future.

As demand for both programs continues to grow, we need your help.

**Food donations** are especially needed during the summer months. Non-perishable items such as canned vegetables, canned fruit, soup, peanut butter, cereal, pasta, rice, and boxed meals help keep our pantry shelves stocked for families in need.

**Financial contributions** are equally important. Monetary donations allow us to purchase food in bulk, provide essential household items, maintain our facilities, and support the women participating in the Bliss House recovery program. Every dollar donated helps us respond quickly and effectively to the needs of our community.

This summer, you can make a meaningful difference. Whether you donate food, make a financial gift, organize a food drive, or volunteer your time, your generosity helps provide nourishment, hope, and a pathway toward a better future.

Together, we can ensure that no neighbor goes hungry and that women seeking recovery have the support they need to succeed. Thank you for standing with us and helping transform lives, one person, one family, and one meal at a time.



## Wish List:

Peanut Butter  
Cereal  
Pasta & Sauce  
Vegetables  
Canned Fruit  
Rice  
Ravioli  
Mac & Cheese  
Tuna Pouches  
Vienna Sausages  
Bottled Water  
Deodorant  
Body Wash  
Shampoo  
Toothpaste  
Toilet Paper  
Paper Towels  
Laundry Pods  
Dish Soap  
Diapers  
Wipes

--Kara

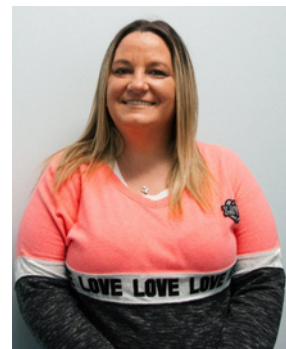
# Summer Fun at Bliss House Recovery Program

By Stephanie Satterly, Bliss House Director

Everyone at Bliss House is looking forward to a summer filled with fun, fellowship, and making memories together. Recovery is about more than sobriety — it's about learning how to enjoy life again and build healthy relationships along the way.

In July, we'll be hosting our annual pool party for current residents, alumnae, and their families. This has become a favorite tradition filled with food, laughter, games, and quality time together. Events like these give our residents the opportunity to experience joy and connection in recovery while strengthening the sense of community that makes Bliss House so special.

In August, our alumnae will once again take current residents on a camping trip — another meaningful tradition everyone looks forward to each year. The trip allows residents to build relationships with women who have walked the same road and are now thriving in recovery. From campfire conversations to shared meals and outdoor fun, these moments often leave a lasting impact. We are thankful for every supporter who helps make opportunities like these possible for the women of Bliss House. We can't wait for a summer full of laughter, encouragement, and memories!



Huge thank you to Dean & Brenda Lyttle and Emile Humbert with The Mower Shop for very quickly making sure the Bliss House has the proper equipment to keep the house beautiful. We were very sorry to learn of the passing of Dean Lyttle not long after we received this donation. Dean gave his time as a CLM Board Member and volunteer. He will be greatly missed. Our condolences to his family.

## Bliss House Wish List

- College Ruled Notebooks
- Pen/Highlighters
- Deodorant/Body Wash
- Laundry Detergent
- Cleaning Supplies



A very special thank you to RoofLynx for the generous donation of supplies for our Bliss House residents.

# CLM Food Pantry Volunteer Corner

By Rhonda Grangier, Volunteer Coordinator

## CLM Volunteers are Amazing!

Volunteers, do you know how important you are to the CLM Food Pantry?

Just look at all the ways you serve our community every single day:

- Interviewers who greet clients with kindness and listen to their stories
- Pantry workers who pack food boxes, stock shelves, weigh carts, and prepare orders
- Volunteers who deliver food boxes to waiting clients
- Teams that accept donations and help keep everything organized
- Drivers who pick up donations from retail stores and Dare to Care
- Helpers who make snack bags, sort canned goods, break down boxes, and take cardboard for recycling
- Office volunteers who answer phones and coordinate deliveries
- Delivery teams serving our homebound clients
- Volunteers who organize the warehouse and keep our building clean, welcoming, and running smoothly
- Donate food, plastic bags, toiletries, baby items, and birthday boxes
- Divide pet food for clients

And those are only the things we can easily see! Countless behind-the-scenes tasks help CLM operate like a well-oiled machine.

Right now, we have 133 active volunteers. One hundred thirty-three people giving their time, energy, compassion, and heart to make sure our neighbors are cared for.

What would we do without each one of you? The answer is simple: we couldn't do it without you.

Thank you for showing up, serving faithfully, and being the hands and feet of compassion in our community. You are appreciated more than words can express!

If you are interested in volunteering, you can contact Rhonda at [volunteers@layministries.org](mailto:volunteers@layministries.org).



Thank you to the Rotary Club of Clark County for collecting food each month for the food pantry. We appreciate your support of our neighbors in need of food!



Thank you to the Louisville Accelerator Team for making snack bags for our clients during the Metro United Way Day of Compassion in partnership with the Muhammad Ali Center.

# CLM Blessings for Breakfast

We held our Blessings for Breakfast fundraiser at 300 Spring in May. Guests learned more about the CLM Food Pantry and CLM Bliss House graduate Patricia shared her inspiring story of recovery with us. We're grateful to all of our sponsors and guests who attended. Our Presenting Sponsor was Crystal Kehrer with Edward Jones. The Gold Sponsors were Arena Wealth Advisors, Blue Lick Christian Church, Jeffersonville City Council, and Metro United Way. Our Bronze Sponsors for the breakfast were: Lisa Bottoff, Bowles Mattress Company, Centra Credit Union, Kelley Curran, Duke Energy, First Financial Bank, First Harrison Bank, First Merchants, First Presbyterian Church, Heritage Credit Union, How to Read a Book Club, Ivy Tech Community College, NWSB, and Wall Street United Methodist Church. We'd also like to thank Geraldine's Kitchen for the fabulous breakfast.





Meijer Simply Give June 20th



On June 20<sup>th</sup>, you can triple your contribution to help reduce food insecurity by buying a \$10 Meijer Simply Give food donation card at the Jeffersonville Meijer. Meijer will double-match it with \$20 for a total of \$30 to the CLM Food Pantry.



Thank you to Steel Dynamics, their employees, and vendors for their support of the Center for Lay Ministries Food Pantry! They raised \$5,420 to help feed our neighbors. Pictured are Kara Brown, CLM Executive Director, Diana Maynard, CLM volunteer and Steel Dynamics retiree, and Dave Woods, Steel Dynamics.

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