

**By Kara Brown, Executive Director**

Dear Friends,

In my job, I get the opportunity to talk with many of our Food Pantry clients and current and former Bliss House residents. I definitely see tragedy and despair, but I also see the hope and empowerment that CLM gives to the people in our services.

I got a powerful reminder of the miracles worked in our Bliss House program when I met a woman who told me she was one of the first residents in the Bliss House in 2001. She's lost several family members to addiction and told me that she is "only alive by the grace of God and the Bliss House." She is living sober and said she doesn't crave alcohol anymore. She's still using many of the tools she learned in the Bliss House program and has paid it forward by helping others learn to live sober.

Did you know that one in seven people in our community face food insecurity? On a recent home delivery, a single mother cried while we delivered food to her door. She hadn't needed to come to the Food Pantry in years. She told me that she was working but she had needed a new medication that really cut into her budget and her cabinets were totally bare. She's hoping to find a new job with better insurance coverage. She hugged me when I told her that she could get a food box from us once a month to help supplement her food supply until she's back on her feet.

I can picture these faces of hope and empowerment and I know that CLM has made a difference in each of their lives. We need your help to continue providing hope to those in need in our community. Would you consider getting involved to help the vulnerable people in our local community? We believe everyone has something to give and here are a few ways you could help:

- Monetary Donations—Like most nonprofit organizations, we are always in need of general operating funds to pay our regular bills and for needed repairs. A donor envelope is included in this newsletter. You can also donate online at <https://portal.icheckgateway.com/TheCenterForLayMinistries/>
- Food donations—While we accept food donations Monday-Friday at the Food Pantry, another great way to donate food is through the Meijer Simply Give Program. The Jeffersonville Meijer will generously double match your minimum \$10 donation in food gift cards for the Center for Lay Ministries on Saturday, December 17.
- Volunteer—We need volunteers in our food pantry, as well as on committees for Bliss House, Fund Development, and Maintenance. Let us know if you'd be interested in volunteering with us!
- Prayer—Our clients, residents, volunteers, and staff could always use your prayers.

I hope you will consider helping CLM provide services to the local community by making a donation or volunteering with us. We need you and appreciate how supportive our community has always been toward our mission.

Happy Holidays,

—Kara

*Wishing you all blessings and joy this holiday season!*

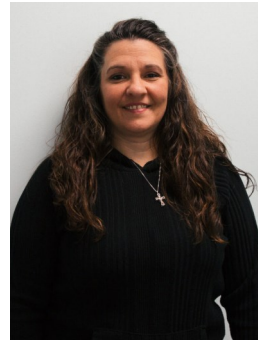
# The Bliss House Program

By Tiffany Mullinix, Bliss House Director

Bliss House is in the business of recreating lives. This year alone we had some major life changing events happen for some of our alumnae. We spend a lot of time talking about our current residents but this time, I would like to share with you some exciting events that have happened to a few of our ladies who have graduated our program and are making some positive changes in their lives and impacting our community in big ways. Without giving names to identify them, one lady became a Peer Support Specialist and is currently working inside the community helping others on their pathway to recovery. She got married in May and is an excellent addition to our recovery community. Another alumnae, was able to have her nursing license reinstated and is currently working in a treatment facility. Giving back what was freely given to her and helping those in active addiction. She has regained joint custody of both her children

and was just married this month. All because she gave herself a chance and allowed Bliss House to help her lay a solid foundation for recovery. And finally, one of my favorite stories, a young lady who came to us on probation and with a Child Protective Services (CPS) case, has successfully completed probation and has her son back full-time.

None of these success stories would have been possible without their willingness to put in the work with the Bliss House Program. Bliss House is strenuous program that gives tools to not only learn how to live life without drugs and alcohol, but also how to build confidence and self-worth to become anything you set your mind to. Nothing, absolutely nothing, is impossible. Together we can and will do what we cannot do alone and I think the above stories are proof of just that.



## Food Pantry Volunteers Celebrated Halloween







Jeffersonville Police Sergeant Amber Tharp delivered the donations from Jeffersonville Sav A Lot's Cram the Cruiser event this week. They collected over 500 pounds of food for the CLM Food Pantry. We are so grateful to Sergeant Tharp, Sav A Lot, and everyone who donated!

**We're so grateful to all of  
our generous donors and  
amazing volunteers!**  
**Thank you for supporting  
the Center for Lay  
Ministries!**



Thanks to everyone who donated to Scouting for Food and to the Scouts and leaders who worked hard to collect the donations. Boy Scouts of America Pack and Troop 4001, Pack 4043, and Pack and Troop 4089 collected over 4,800 pounds of food for the CLM Food Pantry this fall.



Thanks to BOSE in Jeffersonville and their employees for the huge donation of food to fill our shelves at the CLM Food Pantry! You are awesome and we appreciate your support of our neighbors in need!



Thanks to the Caesars Foundation of Floyd County for the \$10,000 grant donation to Bliss House. The grant will support Floyd County women in the Bliss House program with a goal of creating sober and successful alumnae.

## Jeffersonville Meijer Simply Give Program Supports Food Pantry

We're pleased to announce that CLM has once again joined forces with the Jeffersonville Meijer *Simply Give* hunger relief program to help fill the void for our local families. Each *Simply Give* campaign encourages customers to purchase \$10 *Simply Give* donation cards, which are then converted into Meijer food-only gift cards and given to the local food pantry selected by the store.

The CLM Food Pantry will benefit from donation cards purchased at the Jeffersonville Meijer now through December 31, 2022. You can help us fulfill our mission of feeding the hungry in Clark County by purchasing a food donation card during your next shopping trip. Tell your friends, relatives, neighbors and co-workers because every dollar makes a difference.

And when we give, Meijer gives. For every \$10 *Simply Give* donation card purchased on Saturday, December 17, Meijer will double match the contribution, meaning they will donate an additional \$20. This means our pantry will receive a total of \$30 for every \$10 a customer donates on that day. Thank you for your donation!



**Meijer Simply Give Double Match Day: Saturday, December 17**

Return Service Requested

Presorted  
Non-Profit Org.  
US Postage Paid  
Jeffersonville, IN  
Permit #98

Center for Lay Ministries  
213 East Maple St  
Jeffersonville, IN 47130

